Ability Guidebooks presents

Explore Brazil!



I Am Going To Lençóis Maranhenses!

A Step-by-Step Guide On How To Visit This National Park.

By Brett Bigham

Lençóis Maranhenses National Park in Brazil is famous for its dunes and dune lakes. People come from all over the world to visit!



Let's go visit the dunes!

To get to Lençóis Maranhenses State park most people drive to where the dunes start. These people are excited to hike on the dunes!



The first dunes have plants growing on them so you have to stay on the path.



It is important that you stay close to your group at Lençóis Maranhenses.

You might see some animals as you walk to the dunes. Look! Here is a monkey!



This monkey is not a pet. He is a wild animal so be careful!

Once you reach the dunes at Lençóis Maranhenses there are almost no plants. Did you bring some water?



This man is ready to hike in the dunes. He is wearing a hat, sunglasses and has sunscreen on.



In his backpack he has water and some snacks!

These people are staying close together. When you go over a dune it is hard to see your friends unless you stay close together.

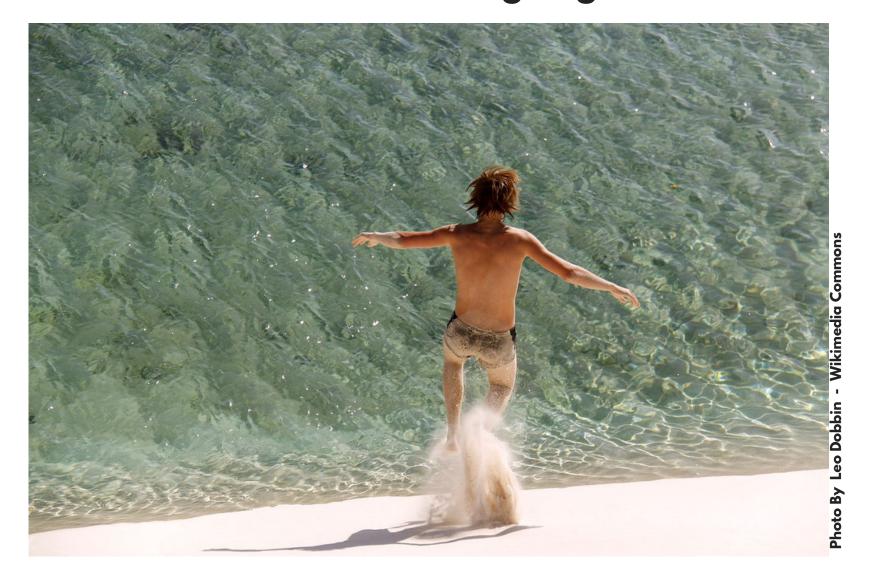


These people have come to Lençóis Maranhenses National Park to swim in the dune lakes.



This is not water for drinking! Bring your own water to drink.

This man is having a lot of fun at Lençóis Maranhenses. He knows how to swim so he is going in the water.



The dune lakes get quite hot! Be ready for hot water!

This woman was feeling a little bit stressed out so she is resting. A giant sand dune is a very good place to sit and relax.



What do you do when you are stressed out? I like to take five deep breaths and find a nice place to sit.

This man is taking a break and drawing in the sand. What a great idea!



Lençóis Maranhenses is quite large! These people are staying where they can see their group!



Make sure you bring some water!



And take your garbage with you when you leave!



Maybe you'll see a lizard!



This man had a great time at Lençóis Maranhenses. I know you will have a great time too!



Enjoy your visit!

Ability Guidebooks are step-by-step instructions on how to access community destinations. For many people with autism and neuro-diversity, new situations can cause stress and discomfort.

Ability Guidebooks help prepare people for new experiences. This is why I emphasize the places to sit and areas to relax.

This book will also help general ed teachers prepare their young students to visit Lençóis Maranhenses National Park.

Can You Translate? If you can translate this book into any other language I would love to hear from you!

Brett Bigham is the 2014 Oregon State Teacher of the Year and an NEA National Award for Teaching Excellence winner. Bigham is the first Oregon Special Education teacher to win these awards.

Bigham was named a Global Fellow by the NEA Foundation and traveled to Peru as an ambassador of that program. This allowed Bigham to create his first international Ability Guidebook for the Museo de Inka in Cusco, Peru. He has since made books for thirty-four countries in six languages.

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