

**Ability Guidebooks
presents
Explore Havana!**



Photo by Lucas Mathis - Wikimedia Commons

I Am Going To Walk The Malecón!

A Step-by-Step Guide On How To Visit The Seafront Promenade.

by
Brett Bigham

The Malecón is a five-mile promenade that follows the shoreline in Havana. Every day Cubans walk on the Malecón and see their friends and family.



Photo by elemaki - Wikimedia Commons

Let's go take a walk on the Malecón!

**You will have to cross the street to get to the promenade.
Make sure you look for cars and wait until it is safe!.**



Photo by Jorge Royan - Wikimedia Commons

There can be lots of traffic in Havana so be careful!

Some people come here just to look at the ocean. At high tide the water can splash up over the sea wall and on to the Malecón!



Photo by Johannes Merkle - Wikimedia Commons

You might get splashed by a wave!

**When the tide is low you can see rocks and tide break.
Some people walk down here. Be careful!**



Photo by Gorupdebesanez - Wikimedia Commons

Don't go near the water if you don't know how to swim!

These people are very good swimmers. They are watching out for each other and staying very close to their group.



Photo by kirua - Wikimedia Commons

Let's go visit the !

There are places to go down to the break water. Only go down on the ramps or stairs. Don't climb down the wall!



Photo by Alexander Berzhnoy - Wikimedia Commons

Be careful! The steps can be slippery!

But be careful! There are big waves here that come all the way up to the wall! Let's find a safer place to swim!



Photo by Bryan Ledgard - Wikimedia Commons

**Some people walk the promenade to see the ocean.
Others meet their friends.**



Photo by Maxim Felder - Wikimedia Commons

**There are some benches on the Malecón but most people
sit on the wall. Be careful!**

There are many monuments on the Malecón.



Photo by Aniol - Wikimedia Commons



Photo by Gorupdebesanez - Wikimedia Commons



Photo by velvet - Wikimedia Commons

**Across the street are many old buildings to look at.
Some of them are very beautiful!.**



Photo by idobi - Wikimedia Commons

I know you will have a good time walking on the Malecón.



Photo by himangframe - Wikimedia Commons

Watch out for the waves!

Ability Guidebooks are step-by-step instructions on how to access community destinations. For many people with autism and neuro-diversity, new situations can cause stress and discomfort. Ability Guidebooks help prepare people for new experiences. This is why I emphasize the places to sit and areas to relax.

This book will also help general ed teachers prepare their young students for a visit to the Malecón.



Can You Translate?

**If you can translate this book into any other language
I would love to hear from you!**

Brett Bigham is the 2014 Oregon State Teacher of the Year and an NEA National Award for Teaching Excellence winner. Bigham is the first Oregon Special Education teacher to win these awards.

Bigham was named a Global Fellow by the NEA Foundation and traveled to Peru as an ambassador of that program. This allowed Bigham to create his first international Ability Guidebook for the Museo de Inka in Cusco, Peru. He has since made books for nineteen countries in five languages.

Text and Photos by Brett Bigham unless otherwise noted.

Thank you to the many photographers who share their photos on Wikimedia Commons!

Visit MrBsClassroom.com for more Ability Guidebooks.